Measure, Determine, Check

Your printable ring sizer from Zales. Choose from our three accurate measuring techniques.
*For accuracy, please ensure that PDF is printed at 100%.

The String Test

- Cut a small piece of string, thread or ribbon from a spool.
- MEASURE: Wrap it snugly around your finger for an accurate measurement.
- DETERMINE: Compare your measurement with our sizing chart.
- Tip: Be careful not to wrap the string too tight. Aim for a comfortable, snug fit.
- Tip: For the most accuracy, have someone help you measure.
- CHECK: Double check for accuracy.

The Paper Test

- Print and carefully cut out our paper ring sizer below.
- Create a slit by making a small cut on the line labeled “Your Size”.
- Slip the pointed end through the slit creating a circle.
- MEASURE: Place around your finger and pull the pointed end to create a snug fit.
- DETERMINE: The number line located at the “Your Size” slit, is the proper ring size.
- Tip: Be careful not to wrap the paper too tight. Aim for a comfortable, snug fit.
- Tip: For the most accuracy, have someone help you measure.
- CHECK: Double check for accuracy.

The Secret Test

- Print our chart of ring size circles.
- Find a ring that your loved one currently wears.
- Make sure he or she wears that ring on the finger you are shopping for.
- MEASURE: Place the ring on top of each circle until you find a perfect match.
- DETERMINE: The match should perfectly fit the inside of the ring.
- CHECK: Double check for accuracy.